



Skills Modules 3.0 Checklist: Enteral Tube Feeding Administering Enteral Nutrition

INSTRUCTIONS: Use the following checklist to evaluate competency in completing this skill. Select Satisfactory (S) or Unsatisfactory (U) for each step and provide comments as needed.

*Document the relevant information (amount of insulin, injection site, and client assessment) in the client's medical record.

Beginning Steps

STEP	S	U	EVALUATOR'S COMMENTS
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*Provide privacy as needed.

*Introduce yourself to the client.

*Perform hand hygiene and put on appropriate PPE if indicated.

*Verify client identification.

*Determine whether the client has allergies.

*Provide client education.

Verify the provider's prescription, and check the expiration date on the formula.

STEP	S U EVALUATOR'S COMMENTS
Elevate client's head of bed to 30 to 45 degrees	
Using two methods, confirm tube placement.	
Flush tube with 30 to 50 mL of water.	
Disinfect the top of formula can prior to opening.	

Administering via Syringe

STEP	S U EVALUATOR'S COMMENTS
Remove plunger from syringe.	
Pinch the feeding tube prior to inserting the syringe into the port.	
Pour formula into syringe, allowing it to drain by gravity until prescribed amount is administered.	
Flush tube with amount of water as per policy.	
Clamp tubing and cover with end cap.	

Administering via Feeding Bag

STEP	S	U	EVALUATOR'S COMMENTS
Fill bag with prescribed amount of formula and fill flush bag if provided.			
Prime feeding bag.			
Connect feeding bag to feeding tube port.			
Administer feeding at the prescribed rate via a feeding pump or by adjusting the regulating clamp on the bag.			

Concluding Steps

STEP	S	U	EVALUATOR'S COMMENTS
Remove gloves and perform hand hygiene.			
Have client remain on the right side slightly upright or in Fowler's position for 30 min after feedings.			
*Ensure that the client has the call light within reach.			

References

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