



Skills Modules 3.0 Checklist: Nasogastric Intubation Removing Nasogastric and Nasointestinal Tubes

INSTRUCTIONS: Use the following checklist to evaluate competency in completing this skill. Select Satisfactory (S) or Unsatisfactory (U) for each step and provide comments as needed.

*Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.

Step by Step

STEP	S	U	EVALUATOR'S COMMENTS
*Verify the medical prescription for removal of the nasogastric tube.			
*Provide privacy as needed.			
*Introduce yourself to the client.			
*Perform hand hygiene and put on appropriate PPE if indicated.			
*Verify client identification.			
*Determine whether the client has allergies.			
*Provide client education.			

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STEP	S U EVALUATOR'S COMMENTS
Raise the height of the bed.	
Raise the head of the bed 30 to 45 degrees	
Place towel or disposable pad across the client's chest.	
Offer tissues and emesis basin.	
Put on clean gloves.	
Ensure any wall suction tube is disconnected from the nasogastric tube.	
Detach the nasogastric tube from the gown.	
Remove the tape or holder from the top of the nose.	
Flush the tube with 10 mL of water or 0.9% sodium chloride irrigation solution or instill 30 to 50 mL of air through the tube.	
Clamp or kink the tube between index finger and thumb.	
Ask the client to take a deep breath and hold the breath.	

STEP	S U EVALUATOR'S COMMENTS
Smoothly and steadily pull the tube to remove with dominant hand and collect the tube in a towel or disposable pad with the nondominant hand.	
Check the tip for intactness .	
Measure and record the amount of output in the container by the markings on the container.	
Dispose of the tube and suction equipment per facility policy.	
Remove and apply clean gloves.	
Clean nares and provide oral hygiene.	
*Ensure that the client is in a safe position prior to leaving the room and has the call light within reach.	

References

- Taylor, C., Lynn, P. & Bartlett, J. (2019). *Fundamentals of nursing* (9th ed.). Philadelphia: Wolters Kluwer.
- Perry, A.G., Potter, P.A., & Ostendorf, W.R. (2018). *Clinical nursing skills & techniques* (9th ed.) St. Louis, MO: Elsevier.