



## Skills Modules 3.0 Checklist: Specimen Collection Obtaining Urine Specimen for an Indwelling Catheter

**INSTRUCTIONS:** Use the following checklist to evaluate competency in completing this skill. Select Satisfactory (S) or Unsatisfactory (U) for each step and provide comments as needed.

\*Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.

### Step by Step

STEP	S	U	EVALUATOR'S COMMENTS
Verify the prescription for specimen collection.			
Gather necessary equipment.			
*Provide privacy as needed.			
*Introduce yourself to the client.			
*Perform hand hygiene and put on appropriate PPE if indicated.			
*Verify client identification.			
*Determine whether the client has allergies.			

STEP	S U EVALUATOR'S COMMENTS
*Provide client education.	
Clamp the indwelling catheter tubing below the sample port for 15 to 30 minutes.	
Perform hand hygiene.	
Don clean gloves.	
Remove the lid to the specimen cup.	
Clean the sample port with an antiseptic wipe and allow the port to dry.	
Connect a syringe to the needless sample port.	
Pull the plunger back slowly and steadily withdraw 5 to 10 mL of urine for an adequate amount of urine.	
Hold the syringe over the specimen cup and carefully inject the urine into the cup using aseptic technique.	
Replace the lid of the specimen avoiding contact with the inside of the cup.	

STEP	S U EVALUATOR'S COMMENTS
Dispose of the syringe in the appropriate receptacle.	
Unclamp the catheter tubing to allow for free flow of urine.	
Label the specimen cup according to agency policy and place the cup in a biohazard bag for transport to the lab.	

## References

- Burton, M.A., & Ludwig, L.J.M. (2015). *Fundamentals of nursing care* (2nd ed.). Philadelphia, PA: F.A Davis Company.
- Potter, P. A., Perry, A. G., Stockert, P., & Hall, A. (2017). *Fundamentals of nursing* (9th ed.). St. Louis, MO: Elsevier.