



Skills Modules 3.0 Checklist

Urinary Elimination: Providing Perineal Care - Female

Step by Step

SATISFACTORY /

UNSATISFACTORY

EVALUATOR'S COMMENTS

Providing Perineal Care - Female

*Provide privacy as needed.

*Introduce yourself to the client.

*Perform hand hygiene and put on appropriate PPE if indicated.

*Verify client identification.

*Determine whether the client has allergies.

*Provide client education.

Place supplies on a stable surface within reach.

Adjust the environment for convenience, ergonomics, and lighting.

Assist the client to a position that accounts for their physical limitations and performing care.

Remove indwelling catheter tube from securement device. Remove securement device if required by agency policy.

Using a washcloth, soap, and water—or perineal wipe—cleanse the labia majora. Cleanse from perineum to rectum.

With the nondominant hand, separate the labia. Cleansing from perineum to rectum, wash both sides and the middle of the perineum. Use a clean part of the washcloth for each downward pass.

**Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.*

Step by Step

	SATISFACTORY / UNSATISFACTORY		EVALUATOR'S COMMENTS
Cleanse the catheter tubing, using a circular motion. Cleanse the entire length of the catheter. Rinse thoroughly.			
Rinse and thoroughly dry all areas of the perineum.			
Reattach tubing to securement device, or replace securement device if necessary.			
Perform hand hygiene.			
*Ensure that the client is in a safe position prior to leaving the room and has the call light within reach.			

**Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.*

References

- Lynn, P. (2019). *Skill checklist for Taylor's clinical nursing skills* (5th ed.) Philadelphia: Wolters Kluwer.
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